Complete set of Claims

1-29 (previously canceled)

- 30. (Currently amended) A method for adhering together at least two substrates, the method comprising:
- (a) applying an adhesive composition <u>dispensed from a dispenser</u> to at least one substrate, the adhesive <u>characterized as a liquid at ambient conditions</u> <u>and comprising a composition prepared by mixing together (i) at least one metathesizable <u>monomeric</u> material comprising a highly-reactive cycloolefin monomer and (ii) at least one metathesis catalyst; and (b) adhering together the substrates.</u>
- 31. (original) A method according to claim 30, wherein the metathesis catalyst comprises a compound having a structure represented by

$$\begin{array}{c|c}
X & \downarrow \\
M = C \\
X & \downarrow \\
L
\end{array}$$

wherein M is Os, Ru or Ir; each R¹ is the same or different and is H, alkenyl, alkynyl, alkyl, aryl, alkaryl, aralkyl, carboxylate, alkoxy, allenylidenyl, indenyl, alkylalkenylcarboxy, alkenylalkoxy, alkenylaryl, alkynylalkoxy, aryloxy, alkoxycarbonyl, alkylthio, alkylsulfonyl, alkylsulfinyl, amido or amino; X is the same or different and is an anionic ligand group; and L is the same or different and is a neutral electron donor group; or having a structure represented by

$$\begin{array}{c|c}
R^1 \\
| \\
N \\
| \\
R^2
\end{array}$$

$$X = CHR^3$$

wherein M is Mo or W; X is O or S; R¹ is an alkyl, aryl, aralkyl, alkaryl, haloalkyl, haloaryl, haloaralkyl, or a silicon-containing analog thereof; R² are each individually the same or different and are hydrogen, alkyl, aryl, aralkyl, alkaryl, haloaryl, haloaralkyl, or together form a heterocyclic or cycloalkyl ring; and R³ is alkyl, aryl, aralkyl or alkaryl.

- 32. (original) A method according to claim 30, wherein the adhesive further comprises a liquid metathesis oligomer or polymer as an ingredient.
- 33. (original) A method according to claim 30, wherein at least one of the substrates is a low-surface-tension substrate.
- 34. (original) A method according to claim 33, wherein the low-surface-tension substrate comprises polypropylene.
- 35. (original) A method according to claim 30, wherein no external energy source is applied to the adhesive during the adhering process.
- 36. 37. (canceled)
- 38. (previously presented) A method according to claim 30, wherein the highly reactive cycloolefin metathesizable monomer is selected from cyclopentene, cyclohexene, 3-ethylcyclopentene, 8-methoxy tricyclo[5.2.1.0^{2,6}]-4-decene, 4-methylcyclohexene, and 4-methoxymethylcyclohexene.

39. (previously presented) A method according to claim 30, wherein the metathesizable material is selected from norbornadiene, norbornene and cyclobutene.

40. - 44. (Canceled)